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Handout about the first part of the proof of Theorem 3.4 (that is proof of (ii) $D^+(F)(x) \leq D_-(F)(x)$ in the case when F is assumed to be increasing, (a.e. x) bounded and continuous (extra assumption that we'll remove in Section 3.3)).

To prove then that $D^+(F)(x) \leq D_-(F)(x)$ a.e. x we consider $R > r$ real numbers and let

$$E_{R,r} := \left\{ x \in [a,b] : D^+(F)(x) > R \text{ and } D_-(F)(x) < r \right\}$$

E (abbreviate notation).

If we prove that $m(E) = 0$ then by varying R, r over all naturals (with $R > r$) and taking the (countable) union of all the corresponding $E_{R,r}$ we'll obtain again a set of measure zero and have thus shown that $D^+(F)(x) \leq D_-(F)(x)$ for almost all x .

To prove then that $m(E) = 0$ ($R > r$ fixed) we assume that $m(E) > 0$ and derive a contradiction.

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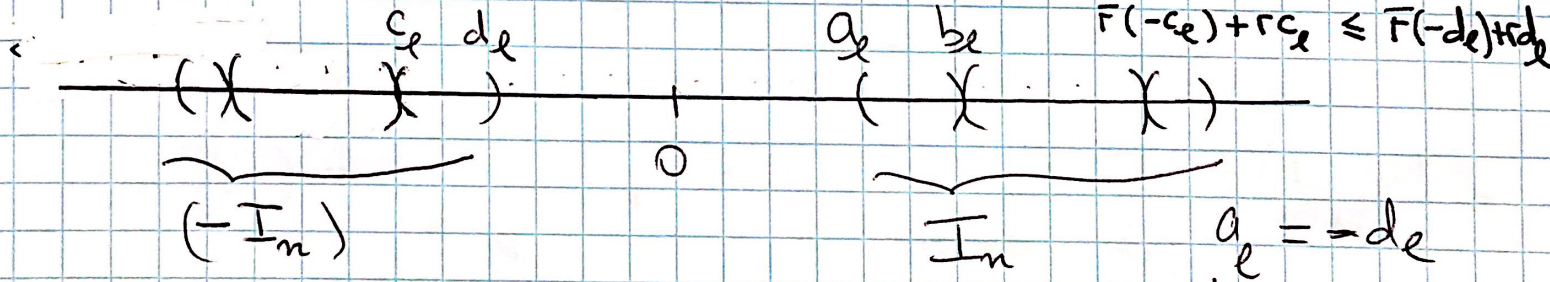
Since $R/r > 1 \exists$ an open set O such that $E \subset O \subset (a, b)$ and $m(O) < m(E) \cdot \frac{R}{r}$

Since O is open we can write $O = \bigcup_{n \geq 1} I_n$ where I_n are open intervals. Fix n . We want to

apply Corollary 3.6 to $\begin{cases} G : (-I_n) \rightarrow \mathbb{R} \\ G(x) := F(-x) + rx \\ x \in (-I_n) \end{cases}$

We get then $\exists E_n \subset (-I_n)$ $E_n = \bigcup_{l \geq 1} J_l$ (open)

$J_l = (c_l, d_l)$ open intervals and $G(c_l) \leq G(d_l)$



Reflecting $J_l = (c_l, d_l)$ and $(-I_n)$ through the origin we then get $\exists a_l, b_l$

$$\bigcup_{l \geq 1} (a_l, b_l) \subset I_n \text{ and}$$

$F(b_l) - F(a_l) \leq r(b_l - a_l) \quad (*)$

Now on each (a_ℓ, b_ℓ) we apply Corollary 3.6 again but now to

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$$\left. \begin{aligned} G : (a_\ell, b_\ell) &\rightarrow \mathbb{R} \\ G(x) &:= F(x) - R \cdot x \end{aligned} \right\}$$

$\Rightarrow \exists$ an open $\bigcup_{j \geq 1} (a_{\ell,j}, b_{\ell,j}) \subset (a_\ell, b_\ell)$
(which we write as)

and $G(a_{\ell,j}) \leq G(b_{\ell,j}) \iff$

$$F(a_{\ell,j}) - R a_{\ell,j} \leq F(b_{\ell,j}) - R b_{\ell,j}$$

$$\iff \boxed{F(b_{\ell,j}) - F(a_{\ell,j}) \geq R (b_{\ell,j} - a_{\ell,j})} \quad (††)$$

Let now $\bigcup_n = \bigcup_{\ell} \underbrace{\bigcup_j (a_{\ell,j}, b_{\ell,j})}_{(a_\ell, b_\ell)}$, we have:

$$m(\bigcup_n) = \sum_{\ell} \sum_j (b_{\ell,j} - a_{\ell,j}) \stackrel{(††)}{\leq} \frac{1}{R} \sum_{\ell,j} F(b_{\ell,j}) - F(a_{\ell,j})$$

Use that F is increasing $\leq \frac{1}{R} \sum_{\ell} F(b_\ell) - F(a_\ell)$

$$(†) \leq \frac{\Gamma}{R} \sum_{\ell} (b_\ell - a_\ell) \leq \frac{\Gamma}{R} m(I_n)$$

Note that $\bigcup_n \supset E \supset I_n$ since $D^+ F(x) > R$ and

$$\Gamma > D_- F(x) \text{ for } x \in E. \text{ And } I_n \supset \bigcup_n \text{ also. So } m(E) = \sum_n m(E \cap I_n) \leq \sum_n m(\bigcup_n) \leq \frac{\Gamma}{R} \sum_n m(I_n) = \frac{\Gamma}{R} m(\bigcup_n) < m(E)$$

CONTRADICTION ($m(E) < m(E)$!)