# Exponential Convergence to Non-Equilibrium Stationary States in Classical Statistical Mechanics 

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#### Abstract

We continue the study of a model for heat conduction [6] consisting of a chain of non-linear oscillators coupled to two Hamiltonian heat reservoirs at different temperatures. We establish existence of a Liapunov function for the chain dynamics and use it to show exponentially fast convergence of the dynamics to a unique stationary state. Ingredients of the proof are the reduction of the infinite dimensional dynamics to a finite-dimensional stochastic process as well as a bound on the propagation of energy in chains of anharmonic oscillators.


## 1. Introduction

In its present state, non-equilibrium statistical mechanics is lacking the firm theoretical foundations that equilibrium statistical mechanics has. This is due, perhaps, to the extremely great variety of physical phenomena that non-equilibrium statistical mechanics describes. We will concentrate here on a system which is maintained, by suitable forces, in a state far from equilibrium. In such an idealization, the non-equilibrium phenomena can be described by stationary non-equilibrium states (SNS), which are the analog of canonical or microcanonical states of equilibrium.

Recently many works have been devoted to the rigorous study of SNS. Two main streams are emerging. In the first approach, for open systems, a system is driven out of equilibrium by interacting with several reservoirs at different temperatures. In the second approach, for thermostated systems, a system is driven out of equilibrium by nonHamiltonian forces and constrained to a compact energy surface by Gaussian (or other) thermostats [9,24]. One should view both approaches as two different idealizations of the same physical situation, in the same spirit as the equivalence of ensembles in equilibrium statistical mechanics. But for the moment, the extent to which both approaches are equivalent remains a largely open problem.

We consider here an open system, a model of heat conduction consisting of a finitedimensional classical Hamiltonian model, a one-dimensional finite lattice of anharmonic
oscillators (referred to as the chain), coupled, at the boundaries only, to two reservoirs of classical non-interacting phonons at positive and different temperatures. We believe this model to be quite realistic, in particular it is completely Hamiltonian and non-linear.

This model goes back (in the linear case) to [8] (see also [23,26]). First rigorous results for anharmonic models appear [6] and go further in [7,5]. Similar models in classical and quantum mechanics have attracted attention in the last few years, mostly for systems coupled to a single reservoir at zero or positive temperature, i.e., for systems near thermal equilibrium (see e.g. [12, 13,3, 15, 25]. In our case, with two reservoirs, no Gibbs Ansatz is available and in general, even the very existence of a (non-equilibrium) stationary state is a mathematically challenging question which requires a sufficiently deep understanding of the dynamics. For the model at hand, conditions for the existence of the SNS have been given in [6] and generalized in [5]. The uniqueness of the SNS as well as the strict positivity of entropy production (or heat flux) have been proved in [7]. The leading asymptotics of the invariant measure (for low temperatures) are studied in [21] and shown to be described by a variational principle.

Under suitable assumptions on the chain interactions and its interactions with the reservoirs, we establish the existence of a Liapunov function for the chain dynamics. We then use this Liapunov function to establish that the relaxation to the SNS occurs at an exponential rate, and finally we prove that the system has a spectral gap (using probabilistic techniques developed by Meyn and Tweedie in [18]).

The Hamiltonian of the model has the form

$$
\begin{equation*}
H=H_{B}+H_{S}+H_{I} \tag{1}
\end{equation*}
$$

The two reservoirs of free phonons are described by wave equations in $\mathbf{R}^{d}$ with the Hamiltonian

$$
\begin{aligned}
H_{B} & =H\left(\varphi_{L}, \pi_{L}\right)+H\left(\varphi_{R}, \pi_{R}\right) \\
H(\varphi, \pi) & =\frac{1}{2} \int d x\left(|\nabla \varphi(x)|^{2}+|\pi(x)|^{2}\right)
\end{aligned}
$$

where $L$ and $R$ stand for the "left" and "right" reservoirs, respectively. The Hamiltonian describing the chain of length $n$ is given by

$$
\begin{array}{r}
H_{S}(p, q)=\sum_{i=1}^{n} \frac{p_{i}^{2}}{2}+V\left(q_{1}, \ldots, q_{n}\right), \\
V(q)=\sum_{i=1}^{n} U^{(1)}\left(q_{i}\right)+\sum_{i=1}^{n-1} U^{(2)}\left(q_{i}-q_{i+1}\right),
\end{array}
$$

where $\left(p_{i}, q_{i}\right) \in \mathbf{R}^{d} \times \mathbf{R}^{d}$ are the coordinates and momenta of the $i^{t h}$ particle of the chain. The phase space of the chain is $\mathbf{R}^{2 d n}$. The interaction between the chain and the reservoirs occurs at the boundaries only and is of dipole-type

$$
H_{I}=q_{1} \cdot \int d x \nabla \varphi_{L}(x) \rho_{L}(x)+q_{n} \cdot \int d x \nabla \varphi_{R}(x) \rho_{R}(x)
$$

where $\rho_{L}$ and $\rho_{R}$ are coupling functions ("charge densities") which we will assume spherically symmetric.

Our assumptions on the anharmonic lattice described by $H_{S}(p, q)$ are the following:

- H1 Growth at infinity. The potentials $U^{(1)}(x)$ and $U^{(2)}(x)$ are $\mathcal{C}^{\infty}$ and grow at infinity like $\|x\|^{k_{1}}$ and $\|x\|^{k_{2}}$ : There exist constants $C_{i}, D_{i}, i=1,2$ such that

$$
\begin{align*}
\lim _{\lambda \rightarrow \infty} \lambda^{-k_{i}} U^{(i)}(\lambda x) & =a^{(i)}\|x\|^{k_{i}},  \tag{2}\\
\lim _{\lambda \rightarrow \infty} \lambda^{-k_{i}+1} \nabla U^{(i)}(\lambda x) & =a^{(i)} k_{i}\|x\|^{k_{i}-2} x,  \tag{3}\\
\left\|\partial^{2} U^{(i)}(x)\right\| & \leq\left(C_{i}+D_{i} V(x)\right)^{1-\frac{2}{k_{i}}}, \tag{4}
\end{align*}
$$

where $\|\cdot\|$ in Eq. (4) denotes some matrix-norm.
Moreover we will assume that

$$
k_{2} \geq k_{1} \geq 2
$$

so that, for large $\|x\|$ the interaction potential $U^{(2)}$ is "stiffer" than the one-body potential $U^{(1)}$. It follows from Eqs. (2) and (3) that the critical set of $V(q)$, i.e., the set $\{q: \nabla V(q)=0\}$ is a compact set.

- H2 Non-degeneracy. The coupling potential between nearest neighbors $U^{(2)}$ is nondegenerate in the following sense. For $x \in \mathbf{R}^{d}$ and $m=1,2, \cdots$, let $A^{(m)}(x): \mathbf{R}^{d} \rightarrow$ $\mathbf{R}^{d^{m}}$ denote the linear maps given by

$$
\left(A^{(m)}(x) v\right)_{l_{1} l_{2} \cdots l_{m}}=\sum_{l=1}^{d} \frac{\partial^{m+1} U^{(2)}}{\partial x^{\left(l_{1}\right)} \cdots \partial x^{\left(l_{m}\right)} \partial x^{(l)}}(x) v_{l} .
$$

We assume that for each $x \in \mathbf{R}^{d}$ there exists $m_{0}$ such that

$$
\operatorname{Rank}\left(A^{(1)}(x), \cdots A^{\left(m_{0}\right)}(x)\right)=d
$$

In particular this condition is satisfied, for $m_{0}=1$, if $U^{(2)}$ is strictly convex. If $d=1$, this condition means that for any $x$, there exists $m_{0}=m_{0}(x) \geq 2$ such that $\partial^{m} / \partial U^{(2)}(x) \neq 0$. In other words the potential $U^{(2)}$ has no flat piece or infinitely degenerate points.

The class of coupling functions $\rho_{i}, i \in\{L, R\}$ we can allow is relatively restrictive:

- H3 Rationality of the coupling. Let $\hat{\rho}_{i}$ denote the Fourier transform of $\rho_{i}$. We assume that

$$
|k|^{d-1}\left|\hat{\rho}_{i}(k)\right|^{2}=\frac{1}{Q_{i}\left(k^{2}\right)},
$$

where $Q_{i}, i \in\{L, R\}$ are polynomials with real coefficients and no roots on the real axis. In particular, if $k_{0}$ is a root of $Q_{i}$, then so are $-k_{0}, \bar{k}_{0}$ and $-\bar{k}_{0}$.

Under these conditions we have the following result (a more detailed and precise statement will be given in the next section). Let $F(p, q)$ be an observable on the phase space of the chain, for example any function with at most polynomial growth (no smoothness is required). We denote as $(p(t), q(t))$ the solution of the Hamiltonian equation of motion with Hamiltonian (1) and initial conditions $(p, q)$. Of course $(p(t), q(t))$ depends also on the variables of the reservoirs, though only through their initial conditions $\left(\pi_{L}, \varphi_{L}, \pi_{R}, \varphi_{R}\right)$. We introduce the temperature by making the assumption that the initial conditions of the reservoirs are distributed according to thermal equilibrium at temperature $T_{R}$ and $T_{L}$ respectively and we denote $\langle\cdot\rangle_{L R}$ as the corresponding average.

Theorem 1.1. Under Conditions $\mathrm{H} 1-\mathrm{H} 3$, there is a measure $\nu(d p, d q)$ with a smooth everywhere positive density such that the Law of Large Numbers holds:

$$
\lim _{T \rightarrow \infty} \frac{1}{T} \int_{0}^{T} F(p(t), q(t)) d t=\int F d v
$$

for almost all initial conditions ( $\pi_{L}, \varphi_{L}, \pi_{R}, \varphi_{R}$ ) of the reservoirs and for all initial conditions $(p, q)$ of the chain. Moreover there exist a constant $r>1$ and a function $C(p, q)$ with $\int C d v<\infty$ such that

$$
\left|\langle F(p(t), q(t))\rangle_{L R}-\int F d \nu\right| \leq C(p, q) r^{-t}
$$

for all initial conditions $(p, q)$. That is, if we average over the initial conditions of the reservoirs the convergence is exponential.

Note that the ergodic properties stated in Theorem 1.1 hold not only for $v$-almost every initial condition $(p, q)$, but in fact for every $(p, q)$.

The existence of a (unique) stationary state was proved for (exactly solvable) quadratic harmonic potentials $V(q)$ in [26], for $k_{1}=k_{2}=2$ (i.e., for potential which are quadratic at infinity) in [6,7] and generalized to the case $k_{2}>k_{1} \geq 2$ in [5]. What is really new here is that we prove that the convergence occurs exponentially fast and we also weaken slightly the conditions on the potential (in particular the case $k_{1}=k_{2}$ is allowed and our Condition H 2 on $U^{(2)}$ is weaker than the one used in $[6,7,5]$ ). Our methods also differ notably from those used in $[6,5]$; in fact we reprove the existence of the SNS (with a shorter and more constructive proof than in $[6,5]$ ) and, at the same time, we prove much stronger ergodic properties.

We devote the rest of this section to a brief discussion of the Assumptions H1-H3. Since the reservoirs are free phonon gases and since we make a statistical assumption on the initial condition of the reservoirs, one can integrate out the variables of the reservoirs yielding random integro-differential equations for the variables $(p, q)$. Our Assumption H3 of rational coupling is, in effect, a Markovian assumption: with such coupling one can eliminate the memory terms by adding a finite number of auxiliary variables to obtain a system of Markovian stochastic differential equations on the extended phase space consisting of the dynamical variables $(p, q)$ together with the auxiliary variables. The main (new) ingredient in our proof is then the construction of a Liapunov function for the system, which implies, using probabilistic methods developed in [1,20,18], the exponential convergence towards the stationary state.

To explain the construction of a Liapunov function, note that the dynamics of the chain in the bulk is simply Hamiltonian, while at the boundaries the action of the reservoirs results into two distinct forces. There are dissipative forces which correspond to the fact that the energy of the chain dissipates into the reservoirs. This force is independent of the temperature. On the other hand since the reservoirs are infinite and at positive temperatures, they exert (random) forces at the boundaries of the chain and these forces turn out to be proportional to the temperatures of the reservoirs.

The construction of the Liapunov function proceeds in two steps. In a first step we neglect completely the random force, only dissipation acts. This corresponds to dynamics at temperature zero, and one can prove that the energy decreases and that the system relaxes to a (local) equilibrium of the Hamiltonian $H(p, q)$. We establish the rate at which this relaxation takes place (at sufficiently high energies). In the second step we consider the complete dynamics and we show that for energies which are much higher
than the temperatures of the reservoirs, the random force is essentially negligible with respect to the dissipation. This means that except for (exponentially) rare excursions the system spends most of its time in a compact neighborhood of the equilibrium points. On the other hand, in this compact set, i.e., at energies of order of the temperatures of the reservoirs, the dynamics is essentially determined by the fluctuations and to prove exponential convergence to a SNS one has to show that the fluctuations are such that every part of the phase space is visited by the dynamics. To summarize, we control the dynamics at any temperature by the dynamics at zero temperature.

This allows one to understand the meaning of our assumptions on the potential $V(q)$. If we suppose that the energy has an infinite number of local minima tending to infinity, the zero temperature (long-time) dynamics is not confined to a compact energy domain and our argument fails. With regard to the condition $k_{2} \geq k_{1}$ in Condition H1 on the exponents of the potentials, since the results of [27] and the rigorous proofs of [17,2], it is known that stable (in the sense of Nekhoroshev) localized states exist in non-linear lattices. Consider, for example, an infinite chain of oscillators (without reservoirs). Numerically and in certain cases rigorously [17], one can show the existence of breathers, i.e., of solutions which are spatially (exponentially) localized and time-periodic. Although the breathers occur both for $k_{1}>k_{2}$ and $k_{2} \geq k_{1}$ they behave differently at high energies. For $k_{1}>k_{2}$, the higher the energy, the more localized the breathers get (hard breathers), while for $k_{2} \geq k_{1}$, as the energy gets bigger the breathers become less and less localized (soft breathers). In fact a key point of our analysis is to show that at high energy, if the energy $E$ of the initial condition is localized away from the boundary, then after a time of order one, the oscillators at the boundaries carry at least an energy of order $E^{2 / k_{2}}$ so that the chain system energy can relax into the reservoirs.

Although we believe that the existence of a SNS probably may not depend too much on these localization phenomena, the rate of convergence to the SNS presumably does. Our approach of controlling the dynamics by the zero-temperature dynamics may not be adequate if Condition H 1 fails to hold and so more refined estimates on the dynamics are needed to show that these localized states might be in fact destroyed by the coupling to the reservoirs.

As regards the organization of this paper, Sect. 2 presents the effective stochastic differential equations for the chain, a discussion of allowable interactions between the reservoirs and the chain and a concise statement, Theorem 2.1, of the exponential convergence. In Sect. 3 we discuss the dissipative deterministic system (corresponding to reservoirs at temperature 0), Theorem 3.3, and then we show the extent to which the random paths follow the deterministic ones, Proposition 3.7. We give a lower bound on the random energy dissipation, Corollary 3.8. We then conclude Sect. 3 by providing the Liapunov function, Theorem 3.10, and bounds on the exponential hitting times on (sufficiently large) compact sets, Theorem 3.11. In Sect. 4 we prove that the random process has a smooth law and at most one ergodic component, improving slightly results of $[6,7,5]$. Finally in Sect. 5 we conclude the proof of Theorem 2.1 by invoking results of [18] on the ergodic theory of the Markov processes.

## 2. Effective Equations

We first give a precise description of the reservoirs and of their coupling to the system and derive the stochastic equations which we will study. A free phonon gas is described by a linear wave equation in $\mathbf{R}^{d}$, i.e., by the pair of real fields $\phi(x)=(\varphi(x), \pi(x))$, $x \in \mathbf{R}^{d}$. We define the norm $\|\phi\|$ by $\|\phi\|^{2} \equiv \int d x\left(|\nabla \phi(x)|^{2}+|\pi(x)|^{2}\right)$ and denote $\langle\cdot, \cdot\rangle$
the corresponding scalar product. The phase space of the reservoirs at finite energy is the real Hilbert space of functions $\phi(x)$ such that the energy $H_{B}(\phi)=\|\phi\|^{2} / 2$ is finite and the equations of motion are

$$
\dot{\phi}(t, x)=\mathcal{L} \phi(t, x), \quad \mathcal{L}=\left(\begin{array}{cc}
0 & 1 \\
-\Delta & 0
\end{array}\right)
$$

In order to describe the coupling of the reservoir to the system, let us consider first a single confined particle in $\mathbf{R}^{d}$ with Hamiltonian $H_{S}(p, q)=p^{2} / 2+V(q)$. As the Hamiltonian for the coupled system particle plus one single reservoir, we have

$$
\begin{aligned}
H(\phi, p, q) & =\frac{1}{2}\|\phi\|^{2}+p^{2}+V(q)+q \cdot \int d x \nabla \varphi(x) \rho(x) \\
& =H_{B}(\phi)+H_{S}(p, q)+q \cdot\langle\phi, \alpha\rangle
\end{aligned}
$$

where $\rho(x)$ is a real rotation invariant function and $\alpha=\left(\alpha^{(1)}, \cdots, \alpha^{(d)}\right)$ is, in Fourier space, given by

$$
\hat{\alpha}^{(i)}=\binom{-i k^{(i)} \hat{\rho}(k) / k^{2}}{0}
$$

We introduce the covariance matrix $C^{(i j)}(t)=\left\langle\exp (\mathcal{L} t) \alpha^{(i)}, \alpha^{(j)}\right\rangle$. A simple computation shows that

$$
C^{(i j)}(t)=\frac{1}{d} \delta_{i j} \int d k|\rho(k)|^{2} e^{i|k| t}
$$

and we define a coupling constant $\lambda$ by putting $\lambda^{2}=C^{(i i)}(0)=\frac{1}{d} \int d k|\rho(k)|^{2}$. The equations of motion of the coupled system are

$$
\begin{align*}
\dot{q}(t) & =p(t) \\
\dot{p}(t) & =-\nabla V(q(t))-\langle\phi, \alpha\rangle \\
\dot{\phi}(t, k) & =\mathcal{L}(\phi(t, k)+q(t) \cdot \alpha(k)) . \tag{5}
\end{align*}
$$

With the change of variables $\psi(k)=\phi(k)+q \cdot \alpha(k)$, Eqs. (5) become

$$
\begin{align*}
\dot{q}(t) & =p(t) \\
\dot{p}(t) & =-\nabla V_{\mathrm{eff}}(q(t))-\langle\psi, \alpha\rangle \\
\dot{\psi}(t, k) & =\mathcal{L} \psi(t, k)+p(t) \cdot \alpha(k), \tag{6}
\end{align*}
$$

where $V_{\text {eff }}(q)=V(q)-\lambda^{2} q^{2} / 2$. Integrating the last of Eqs. (6) with initial condition $\psi_{0}(k)$ one finds

$$
\psi(t, k)=e^{\mathcal{L} t} \psi_{0}(k)+\int_{0}^{t} d s e^{\mathcal{L}(t-s)} \alpha(k) \cdot p(s)
$$

and inserting into the second of Eqs. (6) gives

$$
\begin{align*}
& \dot{q}(t)=p(t) \\
& \dot{p}(t)=-\nabla V_{\mathrm{eff}}(q(t))-\int_{0}^{t} d s C(t-s) p(s)-\left\langle\psi_{0}, e^{-\mathcal{L} t} \alpha\right\rangle \tag{7}
\end{align*}
$$

If we now assume that, at time $t=0$, the reservoir is at temperature $T$, then $\psi_{0}$ is distributed according to the Gaussian measure with covariance $T\langle\cdot, \cdot\rangle$ and then $\xi(t) \equiv$ $\left\langle\psi_{0}, e^{-\mathcal{L} t} \alpha\right\rangle$ is a $d$-dimensional stationary Gaussian process with mean 0 and covariance $T C(t-s)$. Note that the covariance itself appears in the deterministic memory term on the r.h.s. of Eq. (7) (fluctuation-dissipation relation).

By Assumption H3 there is a polynomial $p(u)$ which is a real function of $i u$ and which has its roots in the lower half plane such that

$$
C^{(i i)}(t)=\int_{-\infty}^{\infty} d u \frac{1}{|p(u)|^{2}} e^{i u t} .
$$

Note that this is a Markovian assumption [4]: $\xi(t)$ is Markovian in the sense that we have the identity $p(-i d / d t) \xi(t)=\dot{\omega}(t)$, where $\dot{\omega}(t)$ is a white noise, i.e., the joint motion of $d^{m} \xi(t) / d t^{m}, 0 \leq m \leq \operatorname{deg} p-1$ is a (Gaussian) Markov process. This assumption together with the fluctuation-dissipation relation permits, by extending the phase space with a finite number of variables, to rewrite the integro-differential equations (7) as a Markov process. Note that $\xi(t)$ can be written as [4]

$$
\xi(t)=\int_{-\infty}^{\infty} k\left(t-t^{\prime}\right) d \omega\left(t^{\prime}\right), \quad k(t)=\int d u e^{i u t} p(u)^{-1}
$$

with $k(t)=0$ for $t \leq 0$. For example if $p(u) \propto i u+\gamma$ then $C^{(i i)}(t)=\lambda^{2} e^{-\gamma|t|}$. Introducing the variable $r$ defined by

$$
\lambda r(t)=\int_{0}^{t} d s C(t-s) p(s)+\int_{-\infty}^{t} k\left(t-t^{\prime}\right) d \omega\left(t^{\prime}\right)
$$

we obtain from Eqs. (7) the set of Markovian differential equations:

$$
\begin{align*}
\dot{q}(t) & =p(t) \\
\dot{p}(t) & =-\nabla V_{\mathrm{eff}}(q(t))-\lambda r(t) \\
d r(t) & =(-\gamma r(t)+\lambda p(t)) d t+(2 T \gamma)^{1 / 2} d \omega(t) \tag{8}
\end{align*}
$$

If $p(u) \propto(i u+\gamma+i \sigma)(i u+\gamma-i \sigma)$, then $C(t)=\lambda^{2} \cos (\sigma t) e^{-\gamma|t|}$ and introducing the two auxiliary variables $r$ and $s$ defined by

$$
\begin{aligned}
\lambda r(t)= & \lambda^{2} \\
& \int_{0}^{t} d s \cos (\sigma(t-s)) e^{-\gamma|t-s|} p(s) \\
& +\left(T \lambda^{2} \gamma\right)^{1 / 2} \int_{-\infty}^{t} \cos (\sigma(t-s)) e^{-\gamma|t-s|} d \omega(s) \\
\lambda s(t)=\lambda^{2} & \int_{0}^{t} d t \sin (\sigma(t-s)) e^{-\gamma|t-s|} p(s) \\
& +\left(T \lambda^{2} \gamma\right)^{1 / 2} \int_{-\infty}^{t} d t \sin (\sigma(t-s)) e^{-\gamma|t-s|} d \omega(s)
\end{aligned}
$$

we obtain then the set of Markovian differential equations:

$$
\begin{align*}
\dot{q}(t) & =p(t), \\
\dot{p}(t) & =-\nabla V_{\mathrm{eff}}(q(t))-\lambda r(t), \\
d r(t) & =(-\gamma r(t)-\sigma s(t)+\lambda p(t)) d t+(2 T \gamma)^{1 / 2} d \omega(t), \\
\dot{s}(t) & =-\gamma s(t)+\sigma r(t) . \tag{9}
\end{align*}
$$

Obviously other similar sets of equations can be derived for an arbitrary polynomial $p(u)$.

Another coupling which we could easily handle with our methods occurs in the following limiting case, see [8]. Formally one wants to take $C^{(i i)}(t)=\eta^{2} \delta(t)$. Note that this corresponds to a coupling function with $|\rho(k)|^{2}=1$ in which case $\lambda^{2}=\infty$. A possible limiting procedure consists in taking a sequence of covariances tending to a delta function and at the same time suitably rescaling the coupling (see [8]). In this case one obtains the Langevin equations which serve as the commonly-used model system with reservoir in the physics literature,

$$
\begin{align*}
\dot{q}(t) & =p(t) \\
d p(t) & =\left(-\nabla V_{\mathrm{eff}}(q(t))-\eta^{2} p(t)\right) d t+\left(2 T \eta^{2}\right)^{1 / 2} d \omega(t) \tag{10}
\end{align*}
$$

The derivation of the effective equations for the chain is a straightforward generalization of the above computations. Our techniques apply equally well to any of the couplings above. However, for simplicity, we will only consider the case where the couplings to both reservoirs satisfy $\left|\rho_{i}(k)\right|^{2} \propto k^{2}+\gamma^{2}, i=L, R$. For notational simplicity we set $T_{1}=T_{L}$ and $T_{n}=T_{R}$, we denote $r_{1}$ and $r_{n}$ as the two auxiliary variables and we will use the notations $r=\left(r_{1}, r_{n}\right)$, and $x=(p, q, r) \in X=\mathbf{R}^{2 d(n+1)}$. In this case we obtain the set of Markovian stochastic differential equations given by

$$
\begin{align*}
\dot{q}_{1} & =p_{1}, \\
\dot{p}_{1} & =-\nabla_{q_{1}} V_{\mathrm{eff}}(q)-\lambda r_{1}, \\
d r_{1} & =\left(-\gamma r_{1}+\lambda p_{1}\right) d t+\left(2 T_{1} \gamma\right)^{1 / 2} d \omega_{1}, \\
\dot{q}_{j} & =p_{j}, \\
\dot{p}_{j} & =-\nabla_{q_{j}} V_{\mathrm{eff}}(q), \quad j=2, \ldots, n-1, \\
\dot{q}_{n} & =p_{n}, \\
\dot{p}_{n} & =-\nabla_{q_{n}} V_{\mathrm{eff}}(q)-\lambda r_{n}, \\
d r_{n} & =\left(-\gamma r_{n}+\lambda p_{n}\right) d t+\left(2 T_{n} \gamma\right)^{1 / 2} d \omega_{n}, \tag{11}
\end{align*}
$$

where $V_{\text {eff }}(q)=V(q)-\lambda^{2} q_{1}^{2} / 2-\lambda^{2} q_{n}^{2} / 2$. From now on, for notational simplicity we will suppress the index "eff" and consider $V=V_{\text {eff }}$ as our potential energy.

It will be useful to introduce the following notation. We define the linear maps $\Lambda$ : $\mathbf{R}^{d n} \rightarrow \mathbf{R}^{2 d}$ by $\Lambda\left(x_{1}, \ldots, x_{n}\right)=\left(\lambda x_{1}, \lambda x_{n}\right)$ and $T: \mathbf{R}^{2 d} \rightarrow \mathbf{R}^{2 d}$ by $T(x, y)=$ ( $T_{1} x, T_{n} y$ ). With this we can rewrite Eqs. (11) in the compact form

$$
\begin{align*}
\dot{q} & =p \\
\dot{p} & =-\nabla_{q} V-\Lambda^{*} r \\
d r & =(-\gamma r+\Lambda p) d t+(2 \gamma T)^{1 / 2} d \omega \tag{12}
\end{align*}
$$

The solution $x(t)$ of Eqs. (12) is a Markov process. We denote $T^{t}$ as the associated semigroup,

$$
T^{t} f(x)=\mathbf{E}_{x}[f(x(t)],
$$

with generator

$$
\begin{equation*}
L=\gamma\left(\nabla_{r} T \nabla_{r}-r \nabla_{r}\right)+\left(\Lambda p \nabla_{r}-r \Lambda \nabla_{p}\right)+\left(p \nabla_{q}-\left(\nabla_{q} V(q)\right) \nabla_{p}\right) \tag{13}
\end{equation*}
$$

and $P_{t}(x, d y)$ as the transition probability of the Markov process $x(t)$. There is a natural energy function which is associated to Eq. (12), given by

$$
G(p, q, r)=\frac{r^{2}}{2}+H(p, q)
$$

A straightforward computation shows that in the special case $T_{1}=T_{n}=T$,

$$
Z^{-1} e^{-G(p, q, r) / T}
$$

is an invariant measure for the Markov process $x(t)$.
Given a function $W: X \rightarrow \mathbf{R}$ satisfying $W \geq 1$ we consider the following weighted total variation norm $\|\cdot\|_{W}$ given by

$$
\begin{equation*}
\|\pi\|_{W}=\sup _{|f| \leq W}\left|\int f d \pi\right|, \tag{14}
\end{equation*}
$$

for any (signed) measure $\pi$. We introduce norms $\|\cdot\|_{\theta}$ and Banach spaces $L_{\theta}^{\infty}(X)$ given by

$$
\begin{equation*}
\|f\|_{\theta}=\sup _{x \in X} \frac{|f(x)|}{e^{\theta G(x)}}, \quad L_{\theta}^{\infty}(X)=\left\{f:\|f\|_{\theta}<\infty\right\} \tag{15}
\end{equation*}
$$

and write $\|K\|_{\theta}$ for the norm of an operator $K: L_{\theta}^{\infty}(X) \rightarrow L_{\theta}^{\infty}(X)$.
Theorem 1.1 is a direct consequence of the following result:
Theorem 2.1. Assume that Conditions H 1 and H 2 hold. The Markov process $x(t)$ which solves (12) has smooth transition probability densities, $P_{t}(x, d y)=p_{t}(x, y) d y$, with $p_{t}(x, y) \in \mathcal{C}^{\infty}((0, \infty) \times X \times X)$. The Markov process $x(t)$ has a unique invariant measure $\mu$, and $\mu$ has a $\mathcal{C}^{\infty}$ everywhere positive density. For any $\theta$ with $0<\theta<$ $\left(\max \left\{T_{1}, T_{n}\right\}\right)^{-1}$ there exist constants $r=r(\theta)>1$ and $R=R(\theta)<\infty$ such that

$$
\begin{equation*}
\left\|P_{t}(x, \cdot)-\mu\right\|_{\exp (\theta G)} \leq R r^{-t} \exp (\theta G(x)) \tag{16}
\end{equation*}
$$

for all $x \in X$, (exponential convergence to the SNS) or equivalently

$$
\left\|T^{t}-\mu\right\|_{\theta} \leq R r^{-t}
$$

(spectral gap). Furthermore for all functions $f, g$ with $f^{2}, g^{2} \in L_{\theta}^{\infty}(X)$ and all $t>0$ we have

$$
\left|\int g T^{t} f d \mu-\int f d \mu \int g d \mu\right| \leq R r^{-t}\left\|f^{2}\right\|_{\theta}^{1 / 2}\left\|g^{2}\right\|_{\theta}^{1 / 2},
$$

(exponential decay of correlations in the SNS).
The convergence in the weighted variation norm, Eq. (16), implies that the Law of Large Numbers holds [10, 18].

Corollary 2.2. Under Assumptions H 1 and $\mathrm{H} 2 x(t)$ satisfies the Law of Large Numbers: For all initial conditions $x \in X$ and all $f \in L^{1}(X, d \mu)$,

$$
\lim _{T \rightarrow \infty} \frac{1}{T} \int_{0}^{T} f(x(t)) d t=\int f d \mu
$$

almost surely.

The convergence of the transition probabilities as given in (16) is shown in [18] to follow from the following properties:

- Strong Feller property. The diffusion process is strong Feller, i.e., the semigroup $T^{t}$ maps bounded measurable functions into continuous functions.

This is a consequence of the hypoellipticity of the diffusion $x(t)$, which follows from Condition H2, see Sect. 4.

- Small-time open set accessibility. For all $t>0$, all $x \in X$ and all open set $A \subset X$ we have $P_{t}(x, A)>0$.

This means that the Markov process is "strongly aperiodic". In particular, combined with the strong Feller property it implies uniqueness of the invariant measure. This property is discussed in Sect. 4 using the support theorem of [28] and explicit computations. This generalizes (slightly) the result obtained in [7].

- Liapunov function and hitting times. Fix $s>0$ arbitrary. Set $W=\exp (\theta G)$ and choose $\theta$ with $0<\theta<\left(\max \left\{T_{1}, T_{n}\right\}\right)^{-1}$. Then $W$ is a Liapunov function for the Markov chain $\{x(n s)\}_{n \geq 0}: W>1, W$ has compact level sets and there is a compact set $U$, (depending on $s$ and $\theta$ ) and constants $\kappa<1$ and $b<\infty$, (both depending on $U, s$ and $\theta$ ) such that

$$
\begin{equation*}
T^{s} W(x) \leq \kappa W(x)+b \mathbf{1}_{U}(x) \tag{17}
\end{equation*}
$$

where $\mathbf{1}_{U}$ denotes the indicator function of the set $U$. In addition the constant $\kappa$ in Eq. (17) can be chosen arbitrarily small by choosing the set $U$ sufficiently large.

The existence of a Liapunov function is the main technical result of this paper (see Sect. 3) and the Condition H1 is crucial to obtain it. Note that the time derivative of the (averaged) energy

$$
\frac{d}{d t} \mathbf{E}_{x}[G(x(t))]=\gamma \mathbf{E}_{x}\left[\operatorname{Tr}(\mathrm{~T})-\mathrm{r}^{2}(\mathrm{t})\right]
$$

is not necessarily negative. But it is the case, as follows from our analysis below that, for $t>0, \mathbf{E}_{x}[G(x(t))-G(x)]<-c G(x)^{2 / k_{2}}$ for $x$ sufficiently large.

A nice interpretation of a Liapunov bound of the form (17) is in terms of hitting times. Let $\tau_{U}$ denote the first time the diffusion $x(t)$ hits the set $U$; then Eq. (17) implies that $\tau_{U}$ is exponentially bounded. We will show that for any $a>0$, no matter how large, we can find a compact set $U=U(a)$ such that

$$
\mathbf{E}_{x}\left[e^{a \tau_{U}}\right]<\infty
$$

for all $x \in X$. So except for exponentially rare excursions the Markov process $x(t)$ lives on the compact set $U$. Combined with the fact that the process has a smooth law, this provides an intuitive picture of the exponential convergence result of Theorem 2.1.

## 3. Liapunov Function and Hitting Times

3.1. Scaling and deterministic energy dissipation. We first consider the question of energy dissipation for the following deterministic equations:

$$
\begin{align*}
\dot{q} & =p, \\
\dot{p} & =-\nabla_{q} V(q)-\Lambda^{*} r, \\
\dot{r} & =-\gamma r+\Lambda p, \tag{18}
\end{align*}
$$

obtained from Eq. (12) by setting $T_{1}=T_{n}=0$, corresponding to an initial condition of the reservoirs with energy 0 . A simple computation shows that the energy $G(p, q, r)$ is non-increasing along the flow $x(t)=(p(t), q(t), r(t))$ given by Eq. (18):

$$
\frac{d}{d t} G(p(t), q(t), r(t))=-\gamma r^{2}(t) \leq 0
$$

We now show by a scaling argument that for any initial condition with sufficiently high energy, after a small time, a substantial amount of energy is dissipated.

At high energy, the two-body interaction $U^{(2)}$ in the potential dominates the term $U^{(1)}$ since $k_{2} \geq k_{1}$ and so for an initial condition with energy $G(x)=E$, the natural time scale - essentially the period of a single one-dimensional oscillator in the potential $|q|^{k_{2}}$ - is $E^{1 / k_{2}-1 / 2}$. We scale a solution of Eq. (18) with initial energy $E$ as follows

$$
\begin{align*}
& \tilde{p}(t)=E^{-\frac{1}{2}} p\left(E^{\frac{1}{k_{2}}-\frac{1}{2}} t\right), \\
& \tilde{q}(t)=E^{-\frac{1}{k_{2}}} q\left(E^{\frac{1}{k_{2}}-\frac{1}{2}} t\right), \\
& \tilde{r}(t)=E^{-\frac{1}{k_{2}}} r\left(E^{\frac{1}{k_{2}}-\frac{1}{2}} t\right) . \tag{19}
\end{align*}
$$

Accordingly the energy scales as $G(p, q, r)=E \tilde{G}_{E}(\tilde{p}, \tilde{q}, \tilde{r})$, where

$$
\begin{aligned}
\tilde{G}_{E}(\tilde{p}, \tilde{q}, \tilde{r}) & =E^{\frac{2}{k_{2}}-1} \frac{\tilde{r}^{2}}{2}+\frac{\tilde{p}^{2}}{2}+\tilde{V}_{E}(\tilde{q}) \\
\tilde{V}_{E}(\tilde{q}) & =\sum_{i=1}^{n} \tilde{U}^{(1)}\left(\tilde{q}_{i}\right)+\sum_{i=1}^{n-1} \tilde{U}^{(2)}\left(\tilde{q}_{i}-\tilde{q}_{i+1}\right) \\
\tilde{U}^{(i)}(\tilde{x}) & =E^{-1} \tilde{U}^{(i)}\left(E^{\frac{1}{k_{2}}} x\right), \quad i=1,2
\end{aligned}
$$

The equations of motion for the rescaled variables are

$$
\begin{align*}
& \dot{\tilde{q}}=\tilde{p}, \\
& \dot{\tilde{p}}=-\nabla_{\tilde{q}} \tilde{V}_{E}(\tilde{q})-E^{\frac{2}{k_{2}}-1} \Lambda^{*} r, \\
& \dot{\tilde{r}}=-E^{\frac{1}{k_{2}}-\frac{1}{2}} \gamma \tilde{r}+\Lambda \tilde{p} . \tag{20}
\end{align*}
$$

By Assumption H1, as $E \rightarrow \infty$ the rescaled energy becomes

$$
\begin{aligned}
& \tilde{G}_{\infty}(\tilde{p}, \tilde{q}, \tilde{r}) \equiv \lim _{E \rightarrow \infty} \tilde{G}_{E}(\tilde{p}, \tilde{q}, \tilde{r}) \\
& =\left\{\begin{array}{l}
\tilde{p}^{2} / 2+\tilde{V}_{\infty}(\tilde{q}) \quad k_{1}=k_{2}>2 \text { or } k_{2}>k_{1} \geq 2 \\
\tilde{r}^{2} / 2+\tilde{p}^{2} / 2+\tilde{V}_{\infty}(\tilde{q}) \quad
\end{array},\right.
\end{aligned}
$$

where

$$
V_{\infty}(\tilde{q})=\left\{\begin{array}{ll}
\sum a^{(1)}\left\|\tilde{q}_{i}\right\|^{k_{2}}+\sum a^{(2)}\left\|\tilde{q}_{i}-\tilde{q}_{i+1}\right\|^{k_{2}} & k_{1}=k_{2} \geq 2 \\
\sum a^{(2)}\left\|\tilde{q}_{i}-\tilde{q}_{i+1}\right\|^{k_{2}} & k_{2}>k_{1} \geq 2
\end{array} .\right.
$$

The equations of motion scale in this limit to

$$
\begin{align*}
\dot{\tilde{q}} & =\tilde{p} \\
\dot{\tilde{p}} & =-\nabla_{\tilde{q}} \tilde{V}_{\infty}(\tilde{q}) \\
\dot{\tilde{r}} & =\Lambda \tilde{p} \tag{21}
\end{align*}
$$

in the case $k_{2}>2$, while they scale to

$$
\begin{align*}
\dot{\tilde{q}} & =\tilde{p} \\
\dot{\tilde{p}} & =-\nabla_{\tilde{q}} \tilde{V}_{\infty}(\tilde{q})-\Lambda^{*} r \\
\dot{\tilde{r}} & =-\gamma r+\Lambda \tilde{p} \tag{22}
\end{align*}
$$

in the case $k_{1}=k_{2}=2$.
Remark 3.1. The scaling for the $p$ and $q$ is natural due to the Hamiltonian nature of the problem, but the scaling of $r$ has a certain amount of arbitrariness. Since $G$ is quadratic in $r$, it might appear natural to scale $r$ with a factor $E^{-1 / 2}$ instead of $E^{-1 / k_{2}}$ as we do. On the other hand, the very definition of $r$ as an integral of $p$ suggests that $r$ should scale as $q$, as we have chosen.

Remark 3.2. Had we supposed, instead of H1, that $k_{1}>k_{2}$, then the natural time scale at high energy would be $E^{1 / k_{1}-1 / 2}$. Scaling the variables (with $k_{2}$ replaced by $k_{1}$ would yield the limiting Hamiltonian $\tilde{p}^{2} / 2+\sum a^{(1)}\left\|\tilde{q}_{i}\right\|^{k_{1}}$, i.e., the Hamiltonian of $n$ uncoupled oscillators. So in this case, at high energy, essentially no energy is transmitted through the chain. While this does not necessarily preclude the existence of an invariant measure, we expect in this case the convergence to a SNS to be much slower. In any case even the existence of the SNS in this case remains an open problem.

Theorem 3.3. Given $\tau>0$ fixed there are constants $c>0$ and $E_{0}<\infty$ such that for any $x$ with $G(x)=E>E_{0}$ and any solution $x(t)$ of $E q$. (18) with $x(0)=x$ we have the estimate, for $t_{E}=E^{1 / k_{2}-1 / 2} \tau$,

$$
\begin{equation*}
G\left(x\left(t_{E}\right)\right)-E \leq-c E^{\frac{3}{k_{2}}-\frac{1}{2}} . \tag{23}
\end{equation*}
$$

Remark 3.4. In view of Eq. (23), this shows that $r$ is at least typically $O\left(E^{1 / k_{2}}\right)$ on the time interval $\left[0, E^{1 / k_{2}-1 / 2} \tau\right]$.

Proof. Given a solution of Eq. (18) with initial condition $x$ of energy $G(x)=E$, we use the scaling given by Eq. (19) and we obtain

$$
\begin{equation*}
G\left(x\left(t_{E}\right)\right)-E=-\gamma \int_{0}^{t_{E}} d t r^{2}(t)=-\gamma E^{\frac{3}{k_{2}}-\frac{1}{2}} \int_{0}^{\tau} d t \tilde{r}^{2}(t) \tag{24}
\end{equation*}
$$

where $\tilde{r}(t)$ is the solution of Eq. (20) with initial condition $\tilde{x}$ of (rescaled) energy $\tilde{G}_{E}(\tilde{x})=1$. By Assumption H2 we may choose $E_{0}$ so large that for $E>E_{0}$ the critical points of $\tilde{G}_{E}$ are contained in, say, the set $\left\{\tilde{G}_{E} \leq 1 / 2\right\}$.

For a fixed $E$ and $x$ with $G(x)=E$, we show that there is a constant $c_{x, E}>0$ such that

$$
\begin{equation*}
\int_{0}^{\tau} d t \tilde{r}^{2}(t) \geq c_{x, E} \tag{25}
\end{equation*}
$$

The proof is by contradiction, cf. [21]. Suppose that $\int_{0}^{\tau} d t \tilde{r}^{2}(t)=0$, then we have $\tilde{r}(t)=$ 0 , for all $t \in[0, \tau]$. From the third equation in (20) we conclude that $\tilde{p}_{1}(t)=\tilde{p}_{n}(t)=0$ for all $t \in[0, \tau]$, and so from the first equation in (20) we see that $\tilde{q}_{1}(t)$ and $\tilde{q}_{n}(t)$ are constant on $[0, \tau]$. The second equation in (20) gives then

$$
0=\dot{\tilde{p}}_{1}(t)=-\nabla_{\tilde{q}_{1}} \tilde{V}(\tilde{q}(t))=-\nabla_{\tilde{q}_{1}} \tilde{U}^{(1)}\left(\tilde{q}_{1}(t)\right)-\nabla_{\tilde{q}_{1}} \tilde{U}^{(2)}\left(\tilde{q}_{1}(t)-\tilde{q}_{2}(t)\right),
$$

together with a similar equation for $\dot{p}_{n}$. By our Assumption H1 the map $\nabla \tilde{U}^{(2)}$ has a right inverse $g$ locally bounded and measurable and thus we obtain

$$
\tilde{q}_{2}(t)=\tilde{q}_{1}(t)-g\left(\tilde{U}^{(1)}\left(\tilde{q}_{1}(t)\right)\right) .
$$

Since $\tilde{q}_{1}$ is constant, this implies that $\tilde{q}_{2}$ is also constant on $[0, \tau]$. Similarly we see that $\tilde{q}_{n-1}$ is constant on $[0, \tau]$. Using again the first equation in (20) we obtain now $\tilde{p}_{2}(t)=\tilde{p}_{n-1}(t)=0$ for all $t \in[0, \tau]$. Inductively one concludes that $\tilde{r}=0$ implies $\tilde{p}=0$ and $\nabla_{\tilde{q}} \tilde{V}=0$ and thus the initial condition $\tilde{x}$ is a critical point of $\tilde{G}_{E}$. This contradicts our assumption and Eq. (25) follows.

Now for given $E$, the energy surface $\tilde{G}_{E}$ is compact. Using the continuity of the solutions of O.D.E. with respect to initial conditions we conclude that there is a constant $c_{E}>0$ such that

$$
\inf _{\tilde{x} \in\left\{\tilde{G}_{E}=1\right\}} \int_{0}^{\tau} d t \tilde{r}^{2}(t) \geq c_{E} .
$$

Finally we investigate the dependence on $E$ of $c_{E}$. We note that for $E=\infty, \tilde{G}_{\infty}$ has a well-defined limit given by Eq. (21) and the rescaled equations of motion, in the limit $E \rightarrow \infty$, are given by Eqs. (21) in the case $k_{2}>2$ and by Eq. (22) in the case $k_{1}=k_{2}=2$. Except in the case $k_{1}=k_{2}=2$ the energy surface $\left\{\tilde{G}_{\infty}=1\right\}$ is not compact. However, in the case $k_{1}=k_{2}>2$, the Hamiltonian $\tilde{G}_{\infty}$ and the equation of motion are invariant under the translation $r \mapsto r+a$, for any $a \in \mathbf{R}^{2 d}$. And in the case $k_{2}>k_{1}>2$ the Hamiltonian $\tilde{G}_{\infty}$ and the equation of motion are invariant under the translation $r \mapsto r+a q \mapsto q+b$, for any $a \in \mathbf{R}^{2 d}$ and $b \in \mathbf{R}^{d n}$. The quotient of the energy surface $\left\{\tilde{G}_{\infty}=1\right\}$ by these translations, is compact.

Note that for a given $\tilde{x} \in\left\{\tilde{G}_{\infty}=1\right\}$ a similar argument as above show that $\int_{0}^{\tau} d t(\tilde{r}+$ $a)^{2}>0$, for any $a>0$ and since this integral clearly goes to $\infty$ as $a \rightarrow \infty$ there exists a constant $c_{\infty}>0$ such that

$$
\inf _{\tilde{x} \in\left\{\tilde{G}_{\infty}=1\right\}} \int_{0}^{\tau} \tilde{r}^{2}(t) d t>c_{\infty} .
$$

Using again that the solution of O.D.E. depends smoothly on its parameters, we obtain

$$
\inf _{E>E_{0}} \inf _{\tilde{x} \in\left\{\tilde{G}_{E}=1\right\}} \int_{0}^{\tau} d t \tilde{r}^{2}(t)>c
$$

This estimate, together with Eq. (24) gives the conclusion of Theorem 3.3.
3.2. Approximate deterministic behavior of random paths. In this section we show that at sufficiently high energies, the overwhelming majority of the random paths $x(t)=x(t, \omega)$ solving Eqs. (12) follows very closely the deterministic paths $x_{\text {det }}$ solving Eqs. (18). As a consequence, for most random paths the same amount of energy is dissipated into the reservoirs as for the corresponding deterministic ones. We need the following a priori "no-runaway" bound on the growth of $G(x(t))$.

Lemma 3.5. Let $\theta \leq\left(\max \left\{T_{1}, T_{n}\right\}\right)^{-1}$. Then $\mathbf{E}_{x}[\exp (\theta G(x(t)))]$ is well-defined and satisfies the bound

$$
\begin{equation*}
\mathbf{E}_{x}[\exp (\theta G(x(t)))] \leq \exp (\gamma \operatorname{Tr}(T) \theta t) \exp (\theta G(x)) \tag{26}
\end{equation*}
$$

Moreover for any $x$ with $G(x)=E$ and any $\delta>0$ we have the estimate

$$
\begin{equation*}
\mathbf{P}_{x}\left\{\sup _{0 \leq s \leq t} G(x(s)) \geq(1+\delta) E\right\} \leq \exp (\gamma \operatorname{Tr}(T) \theta t) \exp (-\delta \theta E) \tag{27}
\end{equation*}
$$

Remark 3.6. The lemma shows that for $E$ sufficiently large, with very high probability, $G(x(t))=O(E)$ if $G(x)=E$. The assumption on $\theta$ here arises naturally in the proof, where we need $(1-\theta T) \geq 0$, cf. Eq. (28).

Proof. For $\theta \leq\left(\max \left\{T_{1}, T_{n}\right\}\right)^{-1}$ we have the bound (the generator $L$ is given by Eq. (13))

$$
\begin{align*}
L \exp (\theta G(x)) & =\gamma \theta \exp (\theta G(x))(\operatorname{Tr}(T)-r(1-\theta T) r) \\
& \leq \gamma \theta \operatorname{Tr}(T) \exp (\theta G(x)), \tag{28}
\end{align*}
$$

so that for the function $W(t, x)=\exp (-\gamma \theta \operatorname{Tr}(T) t) \exp (\theta G(x))$ we have the inequality $\left(\partial_{t}+L\right) W(t, x) \leq 0$. We denote $\sigma_{R}$ as the exit time from the set $\{G(x)<R\}$, i.e., $\sigma_{R}=\inf \{t \geq 0, G(x(t)) \geq R\}$. If the initial condition $x$ satisfies $G(x)=E<R$, we denote $x_{R}(t)$ the process which is stopped when it exits $\{G(x)<R\}$, i.e., $x_{R}(t)=x(t)$ for $t<\sigma_{R}$ and $x_{R}(t)=x\left(\sigma_{R}\right)$ for $t \geq \sigma_{R}$. We set $\sigma_{R}(t)=\min \left\{\sigma_{R}, t\right\}$ and applying Ito's formula with stopping time to the function $W(t, x)$ we obtain

$$
\mathbf{E}_{x}\left[\exp \left(\theta G\left(x\left(\sigma_{R}(t)\right)\right)\right) \exp \left(-\gamma \theta \operatorname{Tr}(T) \sigma_{R}(t)\right)\right]-\exp (\theta G(x)) \leq 0,
$$

thus

$$
\begin{equation*}
\mathbf{E}_{x}\left[\exp \left(\theta G\left(x\left(\sigma_{R}(t)\right)\right)\right)\right] \leq \exp (\gamma \theta \operatorname{Tr}(T) t) \exp (\theta G(x)) \tag{29}
\end{equation*}
$$

Since

$$
\begin{aligned}
\mathbf{E}_{x}\left[\exp \left(\theta G\left(x\left(\sigma_{R}(t)\right)\right)\right)\right] & \geq \mathbf{E}_{x}\left[\exp \left(\theta G\left(x\left(\sigma_{R}(t)\right)\right)\right) \mathbf{1}_{\sigma_{R}<t}\right] \\
& =\mathbf{P}_{x}\left\{\sigma_{R}<t\right\} \exp (\theta R),
\end{aligned}
$$

we obtain the bound

$$
\mathbf{P}_{x}\left\{\sigma_{R}<t\right\} \leq \exp (\gamma \theta \operatorname{Tr}(T) t) \exp (\theta(E-R))
$$

As a consequence $\mathbf{P}_{x}\left\{\sigma_{R}<t\right\} \rightarrow 0$ as $R \rightarrow \infty$ and thus the Markov process $x(t)$ is non-explosive.

It follows that $G\left(x_{R}(t)\right) \rightarrow G(x(t))$ almost surely as $R \rightarrow \infty$, so by the Fatou lemma we obtain from Eq. (29) the bound Eq. (26). The bound Eq. (27) is obtained by noting that the left side is equal to

$$
\mathbf{P}_{x}\left\{\sigma_{E(1+\delta)}<t\right\} \leq \exp (\gamma \theta \operatorname{Tr}(T) t) \exp (-\delta \theta E)
$$

and this concludes the proof of Lemma 3.5.
We have the following "tracking" estimates to the effect that the random path closely follows the deterministic one at least up to time $t_{E}$ for a set of paths which have nearly full measure. We set $\Delta x(t) \equiv x(t, \omega)-x_{\operatorname{det}}(t)=(\Delta r(t), \Delta p(t), \Delta q(t))$ with both $x(t)$ and $x_{\operatorname{det}}(t)$ having initial condition $x$. Let

$$
S(x, E, t)=\left\{x(\cdot) ; G(x)=E \quad \text { and } \quad \sup _{0 \leq s \leq t} G(x(s))<2 E\right\} .
$$

By Lemma 3.5, $\mathbf{P}\{S(x, E, t)\} \geq 1-\exp (\gamma \theta \operatorname{Tr}(T) t-\theta E)$.
Proposition 3.7. There exist constants $E_{0}<\infty$ and $c>0$ such that for paths $x(t, \omega) \in$ $S\left(x, E, t_{E}\right)$ with $t_{E}=E^{1 / k_{2}-1 / 2} \tau$ and $E>E_{0}$ we have

$$
\sup _{0 \leq t \leq t_{E}}\left(\begin{array}{l}
\|\Delta q(t)\|  \tag{30}\\
\|\Delta p(t)\| \\
\|\Delta r(t)\|
\end{array}\right) \leq c \sup _{0 \leq t \leq t_{E}}\|\sqrt{2 \gamma T} \omega(t)\|\left(\begin{array}{c}
E^{\frac{2}{k_{2}}-1} \\
E^{\frac{1}{k_{2}}-\frac{1}{2}} \\
1
\end{array}\right)
$$

Proof. We write differential equations for $\Delta x(t)$ again assuming both the random and deterministic paths start at the same point $x$ with energy $G(x)=E$. These equations can be written in the somewhat symbolic form:

$$
\begin{align*}
d \Delta q & =\Delta p d t \\
d \Delta p & =\left(O\left(E^{1-2 / k_{2}}\right) \Delta q-\Lambda^{*} \Delta r\right) d t \\
d \Delta r & =(-\gamma \Delta r+\Lambda \Delta p) d t+\sqrt{2 \gamma T} d \omega \tag{31}
\end{align*}
$$

The $O\left(E^{1-2 / k_{2}}\right)$ coefficient refers to the difference between forces, $-\nabla_{q} V(\cdot)$ evaluated at $x(t)$ and $x_{\text {det }}(t)$; we have that $G(x(t)) \leq 2 E$, so that $\nabla_{q} V(q)-\nabla_{q} V\left(q_{\mathrm{det}}\right)=$ $O\left(\partial^{2} V\right) \Delta q=O\left(E^{1-2 / k_{2}}\right) \Delta q$. For later purposes we pick a constant $c^{\prime}$ so large that

$$
\rho=\rho(x)=c^{\prime} E^{1-\frac{2}{k_{2}}} \geq \sup _{i} \sum_{j} \sup _{\{q: V(q) \leq 2 E\}}\left|\frac{\partial^{2} V(q)}{\partial q_{i} \partial q_{j}}\right|
$$

for all sufficiently large $E$.
In order to estimate the solutions of Eqs. (31), we consider the $3 \times 3$ matrix which bounds the coefficients in this system, and which is given by

$$
M=\left(\begin{array}{lll}
0 & 1 & 0  \tag{32}\\
\rho & 0 & \lambda \\
0 & \lambda & \gamma
\end{array}\right)
$$

We have the following estimate on powers of $M$ : For $\Delta X^{(0)}=(0,0,1)^{T}$, we set $\Delta X^{(m)} \equiv M^{m} \Delta X^{(0)}$. For $\alpha=\max (1, \gamma+\lambda)$, we obtain $\Delta X^{(1)} \leq \alpha(0,1,1)^{T}$, $\Delta X^{(2)} \leq \alpha^{2}(1,1,1)^{T}$, and, for $m \geq 3$,

$$
\Delta X^{(m)} \equiv\left(\begin{array}{c}
u^{(m)} \\
v^{(m)} \\
w^{(m)}
\end{array}\right) \leq \alpha^{m} 2^{m-2}\left(\begin{array}{c}
\rho^{\frac{m-2}{2}} \\
\rho^{\frac{m-1}{2}} \\
\rho^{\frac{m-2}{2}}
\end{array}\right)
$$

where the inequalities are componentwise. From this we obtain the bound

$$
e^{t M}\left(\begin{array}{l}
0  \tag{33}\\
0 \\
1
\end{array}\right) \leq\left(\begin{array}{c}
\frac{1}{2}(\alpha t)^{2} e^{\sqrt{\rho} 2 \alpha t} \\
\alpha t e^{\sqrt{\rho} 2 \alpha t} \\
1+\alpha t+\frac{1}{2}(\alpha t)^{2} e^{\sqrt{\rho} 2 \alpha t}
\end{array}\right)
$$

If $0 \leq t \leq t_{E}$ we have $\sqrt{\rho} t<\sqrt{c^{\prime}}$. Then the exponentials in the above equation are bounded, and

$$
e^{t M}\left(\begin{array}{l}
0  \tag{34}\\
0 \\
1
\end{array}\right) \leq c\left(\begin{array}{c}
1 / \rho \\
1 / \sqrt{\rho} \\
1
\end{array}\right)
$$

for some constant $c$.
Returning now to the original differential equation system Eq. (31), we write this equation in the usual integral equation form:

$$
\begin{gather*}
\left(\begin{array}{c}
\Delta q(t) \\
\Delta p(t) \\
\Delta r(t)
\end{array}\right)=\int_{0}^{t}\left(\begin{array}{c}
\Delta p(s) \\
-\nabla_{q} V(q(s, \omega)) d s+\nabla_{q} V\left(q_{\mathrm{det}}(s)\right)-\Lambda^{*} \Delta r(s) \\
-\gamma \Delta r(s)+\Lambda \Delta p(s)
\end{array}\right) \\
 \tag{35}\\
+\left(\begin{array}{c}
0 \\
0 \\
\sqrt{2 \gamma T} \omega(t)
\end{array}\right)
\end{gather*}
$$

From this we obtain the bound

$$
\left(\begin{array}{l}
\|\Delta q(t)\| \\
\|\Delta p(t)\| \\
\|\Delta r(t)\|
\end{array}\right) \leq \int_{0}^{t} M\left(\begin{array}{l}
\|\Delta q(t)\| \\
\|\Delta p(t)\| \\
\|\Delta r(t)\|
\end{array}\right) d s+\left(\begin{array}{c}
0 \\
0 \\
\omega_{\max }
\end{array}\right)
$$

where $M$ is the matrix given by Eq. (32), and $\omega_{\max }=\sup _{t \leq t_{E}}\|\sqrt{2 \gamma T} \omega(t)\|$. Note that the solution of the integral equation

$$
\Delta X(t)=\int_{0}^{t} d s M \Delta X(s)+\left(\begin{array}{c}
0  \tag{36}\\
0 \\
\omega_{\max }
\end{array}\right)
$$

is $\Delta X(t)=\exp (t M)\left(0,0, \omega_{\max }\right)^{T}$. We can solve both Eq. (35) and Eq. (36) by iteration. Let $\Delta x_{m}(s), \Delta X_{m}(s)$ denote the respective $m^{\text {th }}$ iterates (with $\Delta x_{0}(s)=$
$(0,0, \sqrt{2 \gamma T} \omega(s))^{T}$, and $\left.\Delta X_{0}(s)=\left(0,0, \omega_{\max }\right)^{T}, 0 \leq s \leq t_{E}\right)$. The $\Delta X_{m}$ 's are monotone increasing in $m$. Then it is easy to see that

$$
\left(\begin{array}{l}
\left\|\Delta q_{m}(t)\right\| \\
\left\|\Delta p_{m}(t)\right\| \\
\left\|\Delta r_{m}(t)\right\|
\end{array}\right) \leq \Delta X_{m}(t) \leq \Delta X(t)
$$

for each iterate. By Eqs. (33), (34), and the definition of $\rho$ the conclusion Eq. (30) follows.

As a consequence of Theorem 3.3 and Proposition 3.7 we obtain
Corollary 3.8. Let $\Omega(E)=E^{\alpha}$ with $\alpha<1 / k_{2}$ and assume that $w(t)$ is such that $\sup _{0 \leq t \leq t_{E}}\|\sqrt{2 \gamma T} \omega(t)\| \leq \Omega(E)$ and $x(\cdot, \omega) \in S\left(x, E, t_{E}\right)$. Then there are constants $c>0$ and $E_{0}<\infty$ such that all paths $x(t, w)$ with initial condition $x$ with $G(x)=$ $E>E_{0}$ satisfy the bound

$$
\begin{equation*}
\int_{0}^{t_{E}} r^{2}(s) d s \geq c E^{\frac{3}{k_{2}}-\frac{1}{2}} \tag{37}
\end{equation*}
$$

Remark 3.9. For large energy $E$, paths not satisfying the hypotheses of the corollary have measure bounded by

$$
\begin{align*}
& \mathbf{P}_{x}\left\{\sup _{0 \leq s \leq t_{E}}\|\sqrt{2 \gamma T} \omega\|>\Omega(E)\right\}+\mathbf{P}\left\{S\left(x, E, t_{E}\right)^{C}\right\} \\
& \leq \frac{a}{2} \exp \left(-\frac{\Omega(E)^{2}}{b \gamma T_{\max } t_{E}}\right)+\exp \left(\theta\left(\gamma \operatorname{Tr}(T) t_{E}-E\right)\right) \\
& \leq a \exp \left(-\frac{\Omega(E)^{2}}{b \gamma T_{\max } t_{E}}\right) \tag{38}
\end{align*}
$$

where $a$ and $b$ are constants which depend only on the dimension of $\omega$. Here we have used the reflection principle to estimate the first probability and Eq. (27) and the definition of $S$ to estimate the second probability. For $E$ large enough, the second term is small relative to the first.

Proof. It is convenient to introduce the $L^{2}$-norm on functions on $[0, t],\|f\|_{t} \equiv$ $\left(\int_{0}^{t}\|f(s)\|^{2} d s\right)^{1 / 2}$. By Theorem 3.3, there are constants $E_{1}$ and $c_{1}$ such that for $E>E_{1}$ the deterministic paths $x_{\operatorname{det}}(s)$ satisfy the bound

$$
\left\|r_{\mathrm{det}}\right\|_{t_{E}}^{2}=\int_{0}^{t_{E}} r_{\operatorname{det}}^{2}(s) d s \geq c_{1} E^{\frac{3}{k_{2}}-\frac{1}{2}}
$$

By Proposition 3.7, there are constants $E_{2}$ and $c_{2}$ such that $\|\Delta r(s)\| \leq c_{2} \Omega(E)$, uniformly in $s, 0 \leq s \leq t_{E}$, and uniformly in $x$ with $G(x)>E_{2}$. So we have

$$
\|r\|_{t_{E}} \geq\left\|r_{\mathrm{det}}\right\|_{t_{E}}-\|\Delta r\|_{t_{E}} \geq\left(c_{1} E^{\frac{3}{k_{2}}-\frac{1}{2}}\right)^{1 / 2}-c_{2} \Omega(E)\left(E^{\frac{1}{k_{2}}-\frac{1}{2}}\right)^{1 / 2}
$$

But the last term is $O\left(E^{\alpha-1 / 4+1 / 2 k_{2}}\right)$, which is of lower order than the first since $\alpha<$ $1 / k_{2}$, so the corollary follows, for an appropriate constant $c$ and $E$ sufficiently large.
3.3. Liapunov function and exponential hitting times. With the estimates we prove now our main technical result.

Theorem 3.10. Let $s>0$ and $\theta<\theta_{0} \equiv\left(\max \left\{T_{1}, T_{n}\right\}\right)^{-1}$. Then there are a compact set $U=U(s, \theta)$ and constants $\kappa=\kappa(U, s, \theta)<1$ and $L=L(U, s, \theta)<\infty$ such that

$$
\begin{equation*}
T^{s} \exp (\theta G)(x) \leq \kappa \exp (\theta G)(x)+L \mathbf{1}_{U}(x) \tag{39}
\end{equation*}
$$

where $\mathbf{1}_{U}$ is the indicator function of the set $U$. The constant $\kappa$ can be made arbitrarily small by choosing $U$ large enough.

Proof. For any compact set U and for any $t, T^{s} \exp (\theta G)(x)$ is a bounded function, uniformly on $[0, t]$. So, in order to prove Eq. (39), we only have to prove that there exist a compact set $U$ and $\kappa<1$ such that

$$
\sup _{x \in U^{\mathrm{C}}} \mathbf{E}_{x}[\exp (\theta(G(x(s))-G(x)))] \leq \kappa<1
$$

Using Ito's Formula to compute $G(x(s))-G(x)$ in terms of a stochastic integral we obtain

$$
\begin{align*}
\mathbf{E}_{x} & {[\exp (\theta(G(x(s))-G(x)))] } \\
& =\exp (\theta \gamma \operatorname{Tr}(T) s) \mathbf{E}_{x}\left[\exp \left(-\theta \int_{0}^{s} \gamma r^{2} d t+\theta \int_{0}^{s} \sqrt{2 \gamma T} r d \omega(t)\right)\right] \tag{40}
\end{align*}
$$

For any $\theta<\theta_{0}$, we choose $p>1$ such that $\theta p<\theta_{0}$. Using Hölder inequality we obtain,

$$
\begin{aligned}
& \mathbf{E}_{x}[ \left.\exp \left(-\theta \int_{0}^{s} \gamma r^{2} d t+\theta \int_{0}^{s} \sqrt{2 \gamma T} r d \omega(t)\right)\right] \\
&=\mathbf{E}_{x} {\left[\exp \left(-\theta \int_{0}^{s} \gamma r^{2} d t+\frac{p \theta^{2}}{2} \int_{0}^{s}(\sqrt{2 \gamma T} r)^{2} d t\right)\right.} \\
&\left.\times \exp \left(-\frac{p \theta^{2}}{2} \int_{0}^{s}(\sqrt{2 \gamma T} r)^{2} d t+\theta \int_{0}^{s} \sqrt{2 \gamma T} r d \omega(t)\right)\right] \\
& \leq \mathbf{E}_{x} {\left[\exp \left(-q \theta \int_{0}^{s} \gamma r^{2} d t+\frac{q p \theta^{2}}{2} \int_{0}^{s}(\sqrt{2 \gamma T} r)^{2} d t\right)\right]^{1 / q} } \\
& \times \mathbf{E}_{x} \\
&=\operatorname{E}_{x} {\left[\exp \left(-\frac{p^{2} \theta^{2}}{2} \int_{0}^{s}(\sqrt{2 \gamma T} r)^{2} d t+\theta p \int_{0}^{s} \sqrt{2 \gamma T} r d \omega(t)\right)\right]^{1 / p} } \\
&\left.\left.=q \theta \int_{0}^{s} d t \gamma r^{2}+\frac{q p \theta^{2}}{2} \int_{0}^{s} d t(\sqrt{2 \gamma T} r)^{2}\right)\right]^{1 / q} .
\end{aligned}
$$

Here, in the next to last line, we have used the fact that the second factor is the expectation of a martingale (the integrand is non-anticipating) with expectation 1. Finally we obtain the bound

$$
\begin{align*}
\mathbf{E}_{x} & {[\exp (\theta(G(x(s))-G(x)))] } \\
& \leq \exp (\theta \gamma \operatorname{Tr}(T) s) \mathbf{E}_{x}\left[\exp \left(-q \theta\left(1-p \theta T_{\max }\right) \int_{0}^{s} d t \gamma r^{2}\right)\right]^{1 / q} . \tag{41}
\end{align*}
$$

In order to proceed we need to distinguish two cases according to whether $3 / k_{2}-$ $1 / 2>0$ or $3 / k_{2}-1 / 2 \leq 0$ (see Corollary 3.8). In the first case we let $E_{0}$ be defined by $s=E_{0}^{1 / k_{2}-1 / 2} \tau$. For $E>E_{0}$ we break the expectation Eq. (41) into two parts according to whether the paths satisfy the hypotheses of Corollary 3.8 or not. For the first part we use Corollary 3.8 and that $\int_{0}^{s} r^{2}(s) d s \geq \int_{0}^{t} r^{2}(s) \geq c E^{3 / k_{2}-1 / 2}$; for the second part we use estimate (38) in Remark 3.9 on the probability of unlikely paths together with the fact that the exponential under the expectation in Eq. (41) is bounded by 1. We obtain for all $x$ with $G(x)=E>E_{0}$ the bound

$$
\begin{align*}
& \mathbf{E}_{x}[\exp (\theta(G(x(s))-G(x)))] \leq \exp \left(\theta \gamma \operatorname{Tr}(T) t_{E_{0}}\right) \\
& \quad \times\left[\exp \left(-q \theta\left(1-p \theta T_{\max }\right) c E^{\frac{3}{k_{2}}-\frac{1}{2}}\right)+a \exp \left(-\frac{\Omega(E)^{2} \theta_{0}}{b \gamma t_{E}}\right)\right]^{1 / q} . \tag{42}
\end{align*}
$$

Choosing the set $U=\left\{x ; G(x) \leq E_{1}\right\}$ with $E_{1}$ large enough we can make the term in Eq. (42) as small as we want.

If $3 / k_{2}-1 / 2 \leq 0$, for a given $s$ and a given $x$ with $G(x)=E$ we split the time interval $[0, s]$ into $E^{1 / 2-1 / k_{2}}$ pieces $\left[t_{j}, t_{j+1}\right]$, each one of size of order $E^{1 / k_{2}-1 / 2} s$. For the "good" paths, i.e., for the paths $x(t)$ which satisfy the hypotheses of Corollary 3.8 on each time interval $\left[t_{j}, t_{j+1}\right]$, the tracking estimates of Proposition 3.7 imply that $G(x(t))=O(E)$ for $t$ in each interval. Applying Corollary 3.8 and using that $G\left(x\left(t_{j}\right)\right)=$ $O(E)$ we conclude that $\int_{0}^{s} r^{2}(s) d s$ is at least of order $E^{3 / k_{2}-1 / 2} \times E^{1 / 2-1 / k_{2}}=E^{2 / k_{2}}$. The probability of the remaining paths can be estimated, using Eq. (38), not to exceed

$$
1-\left(1-a \exp \left(-\frac{\Omega_{\max }^{2} \theta_{0}}{b \gamma t_{E}}\right)\right)^{E^{\frac{1}{2}-\frac{1}{k_{2}}}}
$$

The remainder of the argument is essentially as above, Eq. (42) and this concludes the proof of Theorem 3.10.

The existence of the Liapunov function given by Eq. (39) can be interpreted in terms of hitting times. Let $\tau_{U}$ be the time for the diffusion $x(t)$ to hit the set $U$.

Theorem 3.11. Assume that $\theta<\left(\max \left\{T_{1}, T_{n}\right\}\right)^{-1}$. For any (arbitrarily large) $a>0$ there exists a constant $E_{0}=E_{0}(a)>0$ such that for $U=\left\{x ; G(x) \leq E_{0}\right\}$ and $x \in U^{C}$ we have

$$
\begin{equation*}
\mathbf{E}_{x}\left[e^{a \tau_{U}}\right]<e^{a}+\left(e^{a}-1\right) \exp \left(\theta\left(G(x)-E_{0}\right)\right) \tag{43}
\end{equation*}
$$

Proof. Let $s=1$ and $\theta<\theta_{0}$ be given, we set $\kappa=\exp (-a) / 2$ and take $U$ to be the set given by Theorem 3.10. Let $X_{n}$ be the Markov chain defined by $X_{n}=x(n)$ and $N_{U}$ be the least integer such that $X_{N_{U}} \in U$. Then

$$
\begin{equation*}
\mathbf{E}_{x}\left[e^{a \tau_{U}}\right] \leq \mathbf{E}_{x}\left[e^{a N_{U}}\right], \tag{44}
\end{equation*}
$$

so that to estimate the exponential hitting time, it suffices to estimate the exponential "step number".

Using Chernov's inequality we obtain

$$
\begin{aligned}
\mathbf{P}_{x}\left\{N_{U}>n\right\}= & \mathbf{P}_{x}\left\{-\sum_{j=1}^{n}\left(G\left(X_{j}\right)-G\left(X_{j-1}\right)<G(x)-E_{0}, X_{j} \in U^{c}\right\}\right. \\
\leq & e^{\theta\left(G(x)-E_{0}\right)} \mathbf{E}_{x}\left[\prod_{j=1}^{n} e^{\theta\left(G\left(X_{j}\right)-G\left(X_{j-1}\right)\right)}, X_{j} \in U^{c}\right] \\
\leq & e^{\theta\left(G(x)-E_{0}\right)} \mathbf{E}_{x}\left[\prod_{j=1}^{n-1} e^{\theta\left(G\left(X_{j}\right)-G\left(X_{j-1}\right)\right)}\right. \\
& \left.\times \mathbf{E}_{X_{n-1}}\left[e^{\theta\left(G\left(X_{n}\right)-G\left(X_{n-1}\right)\right.}\right], X_{j} \in U^{c}\right] \\
\leq & e^{\theta\left(G(x)-E_{0}\right)} \sup _{y \in U^{c}} \mathbf{E}_{y}\left[e^{\theta\left(G\left(X_{1}\right)-G(y)\right)}\right] \\
& \times \mathbf{E}_{x}\left[\prod_{j=1}^{n-1} e^{\theta\left(G\left(X_{j}\right)-G\left(X_{j-1}\right)\right)}, X_{j} \in U^{c}\right] \\
\leq & \cdots \leq e^{\theta\left(G(x)-E_{0}\right)}\left(\sup _{y \in U^{c}} \mathbf{E}_{y}\left[e^{\theta\left(G\left(X_{1}\right)-G(y)\right)}\right]\right)^{n}
\end{aligned}
$$

By Theorem 3.10 we have

$$
\sup _{x \in U^{c}} \mathbf{E}_{x}\left[e^{\theta\left(G\left(X_{1}\right)-G(x)\right)}\right]<\kappa,
$$

and therefore we have geometric decay of $P_{>n} \equiv \mathbf{P}_{x}\left\{N_{U}>n\right\}$ in $n, P_{>n} \leq \kappa^{n}$ $\exp \left(\theta G(x)-E_{0}\right)$. Summing by parts we obtain

$$
\begin{aligned}
& \mathbf{E}_{x}\left[e^{a N_{U}}\right]=\sum_{n=1}^{\infty} e^{a n} \mathbf{P}_{x}\left\{\tau_{U}=n\right\} \\
& =\lim _{M \rightarrow \infty}\left[\sum_{n=1}^{M} P_{>n}\left(e^{a(n+1)}-e^{a n}\right)+e^{a} P_{>0}-e^{a(M+1)} P_{>M}\right]
\end{aligned}
$$

which, together with Eq. (44) gives Eq. (43).

## 4. Accessibility and Strong Feller Property

In this section we prove that the Markov process is strong Feller and moreover we show that it is strongly aperiodic in the sense that for all $t>0$, all $x \in X$ and all open sets $A \subset X$ we have $P_{t}(x, A)>0$. Both results imply immediately that $x(t)$ has at most one invariant measure: Since the process is strong Feller the invariant measure (if it exists) has a smooth density which is everywhere positive by the property of aperiodicity. Obviously no two different such measures can exist.

The strong Feller property is an immediate consequence of the hypoelliptic properties of the generator $L$ of the diffusion. The result is an easy consequence of the estimates in [7,5], since there much stronger global hypoelliptic estimates are proven (though under stronger conditions on the potential $U^{(2)}$ ). We present here the argument for completeness.

The generator of the Markov process $x(t)$ can be written in the form

$$
L=\sum_{i=1}^{2 d} X_{i}^{2}+X_{0}
$$

If the Lie algebra generated by the set of commutators

$$
\begin{equation*}
\left\{X_{i}\right\}_{i=1}^{2 d}, \quad\left\{\left[X_{i}, X_{i}\right]\right\}_{i, j=0}^{2 d}, \quad\left\{\left[\left[X_{i}, X_{j}\right], X_{k}\right]\right\}_{i, j, k=0}^{2 d}, \quad \cdots \tag{45}
\end{equation*}
$$

has rank $\operatorname{dim}(X)$ at every point $x \in X$, then the Markov process has a $\mathcal{C}^{\infty}$ law. In particular it is strong Feller. This is a consequence of the Hörmander Theorem [11,16] or it can be proved directly using Malliavin Calculus developed by Malliavin, Bismut, Stroock and others (see e.g. [19]).

Proposition 4.1. If H 2 holds then the generator $L$ given by Eq. (13) satisfies the rank condition (45).

Proof. This is a straightforward computation. The vector fields $X_{i}, i=1, \cdots 2 d$ give $\partial_{r_{i}^{(j)}}, i=1, n, j=1, \cdots, d$. The commutators

$$
\begin{aligned}
{\left[\partial_{r_{1}^{(j)}}, X_{0}\right] } & =\gamma \partial_{r_{1}^{(j)}}-\lambda \partial_{p_{1}^{(j)}} \\
{\left[\left[\partial_{r_{1}^{(j)}}, X_{0}\right], X_{0}\right] } & =\gamma^{2} \partial_{r_{1}^{(j)}}-\gamma \lambda \partial_{p_{1}^{(j)}}-\lambda \partial_{q_{1}^{(j)}}
\end{aligned}
$$

yield the vector fields $\partial_{p_{1}^{(j)}}$ and $\partial_{q_{1}^{(j)}}$. Further

$$
\left[\partial_{q_{1}^{(j)}}, X_{0}\right]=\sum_{l=1}^{d} \frac{\partial^{2} V}{\partial_{q_{1}^{(j)}} \partial_{q_{1}^{(l)}}}(q) \partial_{p_{1}^{(l)}}+\sum_{l=1}^{d} \frac{\partial^{2} U^{(2)}}{\partial_{q_{1}^{(j)}} \partial_{q_{2}^{(l)}}}\left(q_{1}-q_{2}\right) \partial_{p_{2}^{(l)}} .
$$

If $U^{(2)}$ is strictly convex, this yields $\partial_{p_{2}^{(j)}}$ while in the general case we need to consider further the commutators

$$
\begin{gathered}
{\left[\partial_{q_{1}^{\left(j_{1}\right)}},\left[\cdots,\left[\partial_{q_{1}^{\left(j_{m-1}\right)}}, \sum_{l=1}^{d} \frac{\partial^{2} U^{(2)}}{\partial_{q_{1}^{\left(j_{m}\right)}} \partial_{q_{2}^{(l)}}}\left(q_{1}-q_{2}\right) \partial_{p_{2}^{(l)}}\right]\right]\right]} \\
\quad=\sum_{l=1}^{d} \frac{\partial^{m+1} U^{(2)}}{\partial_{q_{1}^{\left(j_{1}\right)}} \cdots \partial_{q_{1}^{\left(j_{m}\right)} \partial_{q_{1}^{(l)}}}\left(q_{1}-q_{2}\right) \partial_{p_{2}^{(l)}} .} .
\end{gathered}
$$

Condition H3 means that we can write $\partial_{p_{2}^{(j)}}$ as a linear combination of these commutators for every $x \in X$. The other basis elements of the tangent space are obtained inductively following the same procedure.

We now prove the strong aperiodicity of the process $x(t)$. This is based on the support theorem of Stroock and Varadhan [28]. The support of the diffusion process $x(t)$ with initial condition $x$ on the time interval [ $0, t$ ], is by definition the smallest closed subset $S_{x, t}$ of $\mathcal{C}([0, t])$ such that $\mathbf{P}_{x}\left[x(t, \omega) \in S_{x, t}\right]=1$. The support can be studied using the associated control system, i.e., the ordinary differential equation where the white noise $\dot{\omega}(t)$ is replaced by a control $u(t) \in L^{1}([0, T])$ : For our problem we have the control system

$$
\begin{align*}
\dot{q} & =p, \\
\dot{p} & =-\nabla_{q} V+\Lambda^{*} r, \\
\dot{r} & =(-\gamma r+\Lambda p)+u, \tag{46}
\end{align*}
$$

and we denote $x_{u}(t)$ the solution of this control system with initial condition $x$ and control $u$. The support theorem asserts that the support of the diffusion $S_{x, t}$ is the closure of the set $\left\{x_{u} ; u \in L^{1}([0, t])\right\}$. As a consequence $\operatorname{supp} P_{t}(x, \cdot)$, the support of the transition probabilities is equal to the closure of the set of accessible points $\left\{y ; \exists u \in L^{1}([0, t])\right.$ s.t. $\left.x_{u}(t)=y\right\}$.

Proposition 4.2. If Condition H 2 holds then for all $t>0$, all $x \in X$,

$$
\begin{equation*}
\operatorname{supp} P_{t}(x, \cdot)=X \tag{47}
\end{equation*}
$$

Proof. This result is proved in [7] under the additional condition that the interaction potential $U^{(2)}$ is strictly convex, in particular $\nabla U^{(2)}$ is a diffeomorphism. Our Condition H 2 implies that $\nabla U^{(2)}$ is surjective. We can choose an inverse $g: \mathbf{R}^{d} \rightarrow \mathbf{R}^{d}$ which is locally bounded. From this point the proof proceeds exactly as in Theorem 3.2 of [7] and we will not repeat it here.

## 5. Proof of Theorem 2.1

The proof of Theorem 2.1 is a consequence of the theory linking the ergodic properties of the Markov process with existence of Liapunov functions, a theory which has been developed over the past twenty years. The proof of these ergodic properties relies on the intuition that the compact set $U$ together with a Liapunov function plays much the same role as an atom in, say, a countable state space Markov chain. The technical device to implement this idea was invented in [1,20], and is called splitting. It consists in constructing a new Markov chain with state space $X_{0} \cup X_{1}$, where $X_{i}$ are two copies of the original state space $X$. The new chain possesses an atom and has a projection which is the original chain. The ergodic properties of a chain with an atom are then analyzed by means of renewal theory and a coupling argument is applied to the return times to the atom. A complete account of this theory for a discrete time Markov process is developed in the book of Meyn and Tweedie [18], from which the result needed here is taken (Chapter 15).

For a given $s>0$ consider the discrete time Markov chain $X_{j}=x(j s)$ with transition probabilities $P(x, d y) \equiv P_{s}(x, d y)$ and semigroup $P^{j} \equiv T^{j s}$. By the results of Sect. 4, the Markov chain is strongly aperiodic, i.e., $P(x, A)>0$ for any open set $A$ and for any $x$ and it is strong Feller. The exponential bound on the hitting time given in Theorem 3.11 implies in particular that $\mathbf{E}_{x}\left[\tau_{U}\right]$ is finite for all $x \in X$ and thus we have an invariant measure $\mu$ (for hypoelliptic diffusions this is established in [14]). By aperiodicity and the strong Feller property, this invariant measure is unique.

The following theorem is proved in [18]:
Theorem 5.1. If the Markov chain $\left\{X_{j}\right\}$ is strong Feller and strongly aperiodic and if there are a function $W>1$, a compact set $U$, and constants $\kappa<1$ and $L<\infty$ such that

$$
\begin{equation*}
P W(x) \leq \kappa W(x)+L \mathbf{1}_{U}(x), \tag{48}
\end{equation*}
$$

then there exist constants $r>1$ and $R<\infty$ such that, for any $x$,

$$
\sum_{n} r^{n}\|P(x, \cdot)-\mu\|_{W} \leq R W(x)
$$

where the weighted variation norm $\|\cdot\|_{W}$ is defined in Eq. (14).
By Theorem 3.10 the assumptions of Theorem 5.1 are satisfied with $W=\exp (\theta G)$ and $\theta<\left(\max \left\{T_{1}, T_{n}\right\}\right)^{-1}$. For the semigroup $T^{t}$ we note that we have the apriori estimate $T^{t} \exp (\theta G)(x) \leq \exp (\gamma \theta \operatorname{Tr}(T) t) \exp (\theta G)(x)$, cf. Lemma 3.5, which shows that $T^{t}$ is a bounded operator on $L_{\theta}^{\infty}(X)$ defined in Eq. (15). Setting $t=n s+u$ with $0 \leq u<s$, and using the invariance of $\mu$ one obtains

$$
\begin{equation*}
\left\|T^{t}-\mu\right\|_{\theta} \leq\left\|T^{n \tau}-\mu\right\|_{\theta}\left\|T^{s}\right\|_{\theta} \leq \tilde{R} \tilde{r}^{-t} \tag{49}
\end{equation*}
$$

for some $\tilde{r}>1$ and $\tilde{R}<\infty$ or equivalently

$$
\int_{0}^{\infty} \tilde{r}^{t}\left\|P_{t}(x, \cdot)-\mu\right\|_{\exp (\theta G)} \leq \tilde{R} \exp (\theta G(x))
$$

As a consequence, for any $s>0, T^{s}$ has 1 as a simple eigenvalue and the rest of the spectrum is contained in a disk of radius $\rho<1$. The exponential decay of correlations in the stationary states follows from this.

Corollary 5.2. There exist constants $R<\infty$ and $r>1$ such that for all $f, g$ with $f^{2}$, $g^{2} \in L_{\theta}^{\infty}(X)$, we have

$$
\left|\int f T^{t} g d \mu-\int f d \mu \int g d \mu\right| \leq R\left\|f^{2}\right\|_{\theta}^{1 / 2}\left\|g^{2}\right\|_{\theta}^{1 / 2} r^{-t}
$$

Proof. If $f^{2} \in L_{\theta}^{\infty}$, we have $|f(x)| \leq\left\|f^{2}\right\|_{\theta}^{1 / 2} \exp (\theta G(x) / 2)$ and similarly for $g$. Further if Eq. (49) holds with $W=\exp (\theta G)$ it also holds for $\exp (\theta G / 2)$, and thus for some $R_{1}<\infty$ and $r_{1}>1$ we have

$$
\left|T^{t} g(x)-\int g d \mu\right| \leq R_{1} r_{1}^{-t}\left\|g^{2}\right\|_{\theta}^{1 / 2} \exp \left(\frac{\theta G(x)}{2}\right)
$$

Therefore we obtain

$$
\begin{aligned}
\left|\int f T^{t} g d \mu-\int f d \mu \int g d \mu\right| & \leq \int|f(x)|\left|T^{t} g(x)-\int g d \mu\right| d \mu \\
& \leq\left(\int \exp (\theta G) d \mu\right) R_{1} r_{1}^{-t}\left\|f^{2}\right\|_{\theta}^{1 / 2}\left\|g^{2}\right\|_{\theta}^{1 / 2}
\end{aligned}
$$

To conclude we need to show that $\int \exp (\theta G) d \mu<\infty$. This follows from Eq. (48) which we rewrite as

$$
\epsilon \exp (\theta G(x)) \leq \exp (\theta G(x))-P \exp (\theta G(x))+L \mathbf{1}_{U}(x)
$$

with $\epsilon=1-\kappa$. From this we obtain

$$
\begin{equation*}
\epsilon \frac{1}{N} \sum_{k=1}^{N} \exp \left(\theta G\left(X_{k}\right)\right) \leq \frac{1}{N} \exp (\theta G(x))+L \frac{1}{N} \sum_{k=1}^{N} \mathbf{1}_{U}\left(X_{k}\right) \tag{50}
\end{equation*}
$$

By the Law of Large Numbers the r.h.s of Eq. (50) converges to $L \mu(U)$ which is finite, and thus $\int \exp (\theta G) d \mu$ is finite, too.

This concludes the proof of Theorem 2.1.
Note added in proof. Stronger spectral properties as well as a fluctuation theorem for the entropy production are proved in [22].

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